

WEEK 3	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Cheesy pinwheel With Baked potato Wedges	Tasty Kebab in Pitta With Couscous	Fresh roast gammon Fluffy roast potatoes And gravy	Saucy BBQ chicken With Fluffy rice	Crunchy Fish fingers And Chunky chips
VEGETARIAN MAIN DISH	Tasty tomato and vegetable pasta With Garlic bread slice	Hearty vegetarian All day breakfast	Homemade cheese quiche With Baby new potatoes	Tasty Veggie chilli With Fluffy rice	Saucy BBQ Quorn With Chunky chips
ACCOMPANIMENTS	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Fluffy chocolate muffin	Scrummy Upside down Cheesecake	Crunchy chocolate orange cookie With fresh fruit	Old school Jam and Coconut cake With Creamy custard	Creamy ice cream With Fresh fruit
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection

